

# ALLINA HOSPITALISTS CIRCUMCISION PROCEDURE SERVICE – Children’s of Minnesota Neonatal Units Guide for Neonatal Providers and RNs (Updated Nov 2020)

**Service:** The Allina Medpeds hospitalists are able to do circumcisions in the SCN, NICU and ICC

**Timing:** Preferred availability is Monday – Friday, daytime hours at Mpls, and 7 days a week at St Paul

**Process/How to request:**

- *Minneapolis:* NNP or Neonatologist will inform the RN, Charge RN, or UOC of the circumcision request when the infant is ready for the procedure (see below for criteria). The SCN UOC will be responsible to collect the names and room number for all units (NICU, SCN, ICC) by 0600 each weekday morning. The MedPeds Hospitalist coordinator will call the SCN in the morning (after 0600) (612-813-4442) to get the list of patients, and then assign a hospitalist to do the procedure. Later in the morning the hospitalist will call the nurse to plan procedure timing and family availability for consent (in person or telephone).
- *St Paul:* NNP or Neonatologist fills out the paper request slip and leaves at the desk

**Criteria:** Age < 44 weeks postmenstrual age. Neonatology team (RN and NNP/Neonatologist) agree that the infant is medically stable, without umbilical lines or bleeding concerns (ie thrombocytopenia, family history of hemophilia). Vitamin K has been given. No significant anatomic issues (hypospadias, epispadias). All parents/guardians in full agreement for this elective procedure.

**Insurance/payment:** Procedure charge will come from Allina. *Patient families are responsible for determining whether the procedure is covered, or what their out of pocket cost may be. Please remind them.* Minnesota Health Care Programs (aka MA, Medicaid – often administered by Healthpartners, Ucare, Blue cross, etc) typically DO NOT cover any part of the cost of a routine circumcision. In the case of MHCP, Allina will charge \$250 to the patient families. The bill will be sent out after the procedure is done.

**Important Note about possible cancellation:** The hospitalists are concurrently seeing ill hospitalized patients. ***A circumcision may need to be delayed or canceled altogether if clinical needs arise. Please help to manage the expectation of patient families.*** If the patient is still in the hospital, we can try again the next day. Or, it can usually be scheduled as an outpatient. *We have a shared goal of efficient use of inpatient services and the desire to not have circumcisions unnecessarily prolong length of stay.*

*Thanks for your partnership!*

*Minneapolis:*

K Shannon Booker, MD  
Chris Bowron, MD  
Kim Cochran, MD  
Jesse Hennem, MD  
Magdalena Kappelman, DO  
Justin Kirven, MD  
James McCabe, MD  
Peter Melchert, MD  
Angela Noble, MD

Erin Novak, MD  
Paul Park, MD  
Nasreen Quadri, MD  
Elizabeth Reed, MD  
Andrew Rose, MD  
Lacy Schwarze, MD  
David Tetzlaff, MD  
Erin Wise, MD  
Timothy Wood, MD

*St Paul:*

Julie Boman, MD  
Laura Chen, MD  
Adam Foss, MD  
Paul Melchert, MD

## NICU Circumcision Algorithm

1. Identify *early* if parent desires infant circumcision
2. If infant will undergo any procedure requiring anesthesia, contact Pediatric Surgical Associates to request circumcision in the OR
3. Infant is clinically stable for bedside circumcision, no umbilical lines, respiratory distress. No hypospadias, epispadias
4. Infant is < 44 weeks postmenstrual age\* and <10 pounds
5. Family is informed re: potential out of pocket cost if not covered by insurance (ie Minnesota Health Care Programs/MA)

\*For infants  $\geq 44$  weeks see below referral options

If non urgent anatomic issues, see Pediatric Urology referral info below

Minneapolis

St Paul

NNP/Neonatologist notifies RN/Charge Nurse/Unit Coordinator (UOC) to add infant to hospitalist circumcision list

NNP/Neonatologist fills out paper request form

SCN UOC collects requests for all units with pt name and room number, ready by 6 am M-F

Hospitalist picks up forms and plans circumcision with staff. Circs done 7 days a week

Allina Hospitalist Coordinator calls SCN UOC in the morning, then assigns circumcisions to hospitalist. Hospitalist contacts bedside RN to arrange estimated time of procedure and to make certain parent will be available for consent either in person or on telephone

### Outpatient/Urology Referral options:

- 1.) Pediatric Surgical Associates (Pediatric Urology). Will do in clinic or in hospital up to 8 weeks of age and < 10 pounds. Also consider this option for medically complex, or GU anatomical concerns. *Page urology NP (listed on amion as "Outside Consults") to evaluate patient prior to discharge for possible inpatient circ or for outpatient scheduling; or call 612-813-8000 for outpatient appointment.*
- 2.) Dr. Arnold London (Pediatrician) at Allina Bandana Square. Will do up to 48 weeks post menstrual age. Call 651-241-9700
- 3.) The infants primary care clinic (options vary, parent needs to contact the clinic)
- 4.) If infant is > 48 weeks post menstrual age and over 8 weeks of chronologic age, or over 4.5 kg, infant may need to be scheduled in OR (likely after 6 months of age). Follow up in urology clinic non-urgently to discuss options.

\*Note: Clinic circumcision done by specialist surgeon may have higher out of pocket cost as compared to pediatrician